

## Happy Anniversary

We congratulate these volunteers who celebrate their anniversaries in February and thank them for their ongoing involvement.

- 29 years** **Amelia DeMello** (C.M.) Aide, Corte Madera Library
- 20 years** **Jeanne Hsu** (M.V.) Docent, Calif. Room, Civic Center Library
- 15 years** **Vivienne Freeman** (S.R.) Admin.Aide, Civic Center Volunteers, H.R.
- 8 years** **Ted Bright** (Ffx.) Mediator, DA
- 7 years** **Anne Rains** (Nov.) Aide, Novato Library; **Lynne Bergherm** (C.M.) Children's Story Day Aide, Corte Madera Library; **Nancy Hanson** (Wdacre.) Library Aide, Fairfax Library
- 6 years** **Jay Shinohara** (Nov.) Book Preservationist, Novato Library
- 5 years** **Marie Losee** (Nov.) Library Aide, So. Novato Library; **Miriam Cohn** (S.R.) Receptionist, Cultural Services
- 3 years** **Maggie Sartor** (M.V.) Data Entry Clerk, Assessor
- 2 years** **Constance Sewing** (S.R.) Advocate, H&HS
- 1 year** **Janet Freeburg** (S.R.) LBW Liaison, Civic Center Library; **Margaret Lindquist** (Nov.) Shelver, Novato Library; **Frederick Sommers** (M.V.) Interpreter, H&HS; **Lyndsie Antoun** (S.R.) Intern-CMHS, H&HS; **Beverly Rucker** (Nov.) Assistant, H&HS; **Maida Bowen** (S.R.) Admin. Aide; P&OS; **Dr. Joel Fay** (S.R.) Psychologist, H&HS; **Cecilia Hudson** (Gnbre.) Assistant, H&HS



### Volunteer Notes

**A REMINDER!**  
County offices closed:  
**Presidents Day**  
**February 15, 2010**

#### Thought for the Day

*What is Success*

To laugh often and love much;  
To win the respect of  
intelligent persons  
And the affection of children;  
To earn the approval of  
honest critics  
And endure the betrayal  
Of false friends;  
To appreciate beauty;  
To find the best in others;  
To give of yourself without  
the slightest  
Thought of return;  
To have accomplished a task;  
To have played and laughed  
with enthusiasm  
And sung with exultation;  
To know that even one life  
breathed  
Easier because you have lived;  
This is to have succeeded.

- **Ralph Waldo Emerson**

#### CCV Staff

**Joan Brown**  
Volunteer & Employee  
Programs Manager  
499-7167  
FAX: 473-6557  
jbrown@co.marlin.ca.us

**Anne Starr**  
Student Intern Coordinator  
499-6028  
astarr@co.marlin.ca.us

**Diana Kelly**  
Extra-Hire Admin. Services  
Specialist  
499-7407  
dikelly@co.marlin.ca.us

**Volunteers:**  
**Barbara Webb**  
Profiles Writer

**Russ Bevans**  
Layout Editor

**Joanne Elder, Vivienne  
Freeman, Shelley  
Gabbard-Earll, Sherri  
Inenaga and Carol Kalil,**  
Administrative Aides.



# The Volunteer View

The Monthly Newsletter for Marin County Civic Center Volunteers

Volume 33, Issue 2

February 2010

## Margaret Grosch Keeps the P.D.'s Legal Library Organized



Margaret Grosch at the Public Defender's Office legal library

For the past twelve years **Margaret Grosch** has volunteered an hour a week to handle the legal library in the Public Defender's Office. She shelves books, puts new pocket parts in legal manuals, files newsletters and videos, and keeps everything organized "as much as I can." Margaret said, "I had only three days of training for this volunteer job, and there's a lot to learn about legal books."

Margaret works fulltime for the county as an accountant with the Department of Finance. The time that she spends organizing the legal library has to happen after work, so she rarely meets the staff in that department. "When I do run into someone," she said, "they are so appreciative of everything that I do." During the months when the department was going through a

seismic retrofit, the lights were out and Margaret did her work by flashlight.

A life-long lover of books, Margaret previously owned a bookstore in Arizona, managed a bookstore in Santa Rosa, and still sells books online. She is part of a book club at the Public Defender's Office that meets monthly. She enjoys haunting used bookstores and going to author readings, and was recently a judge for the Lambda Literary Awards. She likes to take writing classes and workshops, and is currently taking a workshop on fiction writing, in particular plot development, and has published two essays.

Margaret's new hobby is collecting bookmarks. "They certainly take up a LOT less room than books!" she says. She's particularly interested in bookmarks from independent bookstores, which seem to be going out of business at a frightening rate. Bookmarks are giveaways stores use to promote their businesses.

**Jose Varela**, Margaret's supervisor, says, "Margaret is an outstanding volunteer. As our librarian, she keeps our library and legal subscriptions up to date. She is dedicated, reliable, and a wonderful reminder of what the spirit of volunteerism is all about."

by Barbara Webb



## Who's New & Welcome

**Peter Tiernan** (Nov.) Ombudsman, H&HS  
**Eve Rosen** (Saus.) Tutor, Juvenile Hall, Probation  
**Laden Rasooli** (S.R.) Medical Records Specialist, H&HS  
**Helen Helminiak** (Rich.) Data Entry Support, H&HS  
**Nicholas Beckman** (Hay.) Tutor, Juvenile Hall, Probation  
**Kathryn Dougherty** (S.R.) H.R. Special Projects Tech., HR  
**Hilary McCarthy** (Dixon) Intern, Probation  
**Jade Dardine** (S.F.) Intern, H&HS  
**John Teasley** (C.M.) Computer Tutor, Corte Madera Library  
**Randy Robertson** (Nov.) Volunteer Aide, Novato Library  
**Jayne Verdon** (S.R.) Admin.Asst., H&HS  
**Jaime DuPont** (M.V.) Centering Volunteer, H&HS  
**Gloria Reagor** (Nov.) Intern, HR  
**Jasveen Bal** (El Sob.) Intern, DA  
**Julia Berner** (Nic.) Admin.Asst., County Counsel  
**B.K. Cooper** (Nov.) Rigging Manager, Fire  
**Mabel Turrini** (Nov.) Clerical Aide, DA  
**Ellen Leiva** (Pet.) Clerk-Typist, H&HS  
**Adam Tapia-Grassi** (Nov.) Main.Aide, Cultural Services  
**Gordon Moncibais** (Benicia)USAR Volunteer, Fire

**Emily Brucia** (S.A.) Intern, H&HS  
**Rebecca Boyte** (Alb.) Clinical Support, H&HS  
**Evan Babb** (C.M.) Aide, CDA  
**Lilia Martinez** (S.R.) Counselor, H&HS  
**Sahar Nassiri** (Ber.) Women's Study Support Staff, H&HS  
**Laura Haley** (S.F.) Intern, PD  
**Susana Narvaez** (Saus.) Counselor, H&HS  
**Maria Lastonia Diaz-Reales** (Nov.) Counselor, H&HS  
**Serafin Magdaleno** (C.M.) Counselor, H&HS  
**Andrew Morrison** (S.F.) Attorney, PD  
**Piedad Mancilla** (Nov.) Counselor, H&HS  
**Jenni Monnier** (S.F.) Oral History Transcriber, C.C. Library  
**Michele Martin** (Pet.) Volunteer Aide, C.C. Library  
**Linda Akesson** (S.F.) Law Clerk, PD  
**Joshua McCay** (S.R.) Researcher, Sheriff  
**Raquel Garcia-Ball** (S.R.) Centering Volunteer, H&HS  
**Edward Mestre** (Nov.) USAR Volunteer, DPW  
**David Gutierrez** (Nov.) Web Site Designer, H&HS  
**Pilar Craigie** (S.R.) Child Engagement, H&HS  
**Julie Lee** (S.R.) Intern, PD

CCV contributed services valued at more than \$8.9 million in 2008.

## Cindy Daly Makes a Difference as an Ombudsman for H&HS, Aging Division

**Cindy Daly** has volunteered four hours per week for the past six years to confidentially investigate complaints brought by or on behalf of residents of long-term care facilities and reports any elder or dependent adult physical abuse. In addition, she witnesses Durable Power of Attorney for Health Care for residents in nursing homes.

Cindy said, "I became interested in volunteering as an Ombudsman after seeing my father's five sisters ending up in assisted living or nursing facilities, and I realized how important it is to have a family advocate. For some elders who have no family, I am able to help them enhance their living arrangements and care."

"This is my way of giving back after many years of working in corporate America. It feels great to use my



*Cindy Daly is an advocate for nursing home residents' rights.*

education and experience to simply help others."

She has an MBA and worked as National Vice President of External Affairs for AT&T Corporation.

Cindy and her husband Jeff own a production company called SFO Productions and recently produced a documentary called "Where's Molly?" ([www.wheresmolly.net](http://www.wheresmolly.net)). It is the story of Jeff finding his sister Molly after a 47-year period of time. Molly was institutionalized as a child and there was no contact with her until after the death of their parents.

Cindy says, "The experience with Molly made me an advocate for the rights of individuals with developmental disabilities. They still have the same wants and needs as everyone else, and their place in society is in homes and neighborhoods, not isolated institutions."

Supervisor **Joan Glasheim** says, "Cindy is a committed and dynamic volunteer. She successfully advocates for the elderly. We're very lucky to have her."

*by Barbara Webb*

## Nurse Judie Murphy Volunteers as a Patient Advocate for Those Transitioning to Home



*Judie is crucial help for Marin's seniors to maintain their dignity and independence.*

**Judie Murphy** has worked as a volunteer for the past two years with Project Independence. For 3 to 4 hours per month, she provides transportation for frail, isolated seniors and others who do not have family or friends to assist them with small errands such as grocery

shopping, picking up prescriptions, or getting to a doctor appointment. What some of us take for granted can mean the world to our county's senior community.

Project Independence helps persons transitioning from hospital discharge to independence at home. The team also works to put together a personal health record for all clients.

Judie works as a nurse practitioner in the Preoperative Clinic at Kaiser, San Francisco. She received two Masters degrees from San Francisco State University: one in Health Education; one as a Family Nurse Practitioner.

Judie is a member of the California Nurses Association; the Association of California Nurse Practitioners; and

the Association of Preoperative Nurses.

Who is her heroine? Florence Nightingale of course. She says, "Florence stood firm in her beliefs in improving the care of soldiers, while being faced by adversity."

Judie lives with her husband, her 11-year old son, and two dogs in San Rafael. She says, "I am in the competent phase of my career, and will continue to further my education with both on-line courses and meetings."

Judie's Supervisor, **Rita Widergren**, says, "Judie does wonderful work with everyone. She's like a little angel who appears whenever we need her."

*by Barbara Webb*

## Intern Joshua McCay Applies his Psychology Training in the Office of Emergency Services

**Joshua McCay** began his work as a volunteer with the Sheriff's Office in the Office of Emergency Services (OES). Volunteering is a graduation requirement for his Bachelor's Degree in Psychology at Dominican University of California, which he will complete in less than six months. Joshua, who has been with the department since September 2009, works 25 to 35 hours a month. He says, "In addition to applying my background in psychology, I will learn virtual-reality technology, evaluate its effectiveness, and make suggestions on how to integrate it into OES training."

Joshua has an interest in natural disasters and the psychological aspects surrounding them. He says, "That interest, combined with my interest in law enforcement, makes working with OES a perfect internship." Aspiring to serve in the Sheriff's department, he says, "My work

gives me a sense of pride and accomplishment because I know it might play an integral part in managing a disaster and in the saving of people's lives."

He holds the position of captain in Dominican University's Student Ambassador Program and coaches youth tennis. He belongs to the Psi Chi Honor Society and has just begun his third year playing NCAA Division II Lacrosse.

His supervisor, **Bijan Karimi**, says, "Josh has worked with us for several months, and we are excited about the project he recently completed. He evaluated several of our EOC staff training programs against accepted psychology theories and provided us with a list of ways to improve the sessions. In the coming semester, he



*Joshua McCay is exploring ways to incorporate virtual-reality technology into his OES work.*

will explore ways to incorporate virtual-reality technology to further improve EOC training for the county staff that manages a disaster response."

*by Barbara Webb*