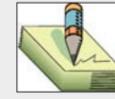


Happy Anniversary

We congratulate our volunteers who celebrate their anniversaries in December.

17 Years	Carolyn Schwab (S.R.) Researcher, Library;
15 Years	Keith Papulias (M.V.) Fire Lookout, Fire; Steven Post (S.F.) Fire Lookout, Fire;
11 Years	Paul Peterzell (S.R.) Mediator, D.A.; Sid Emison (S.R.) Marine Patrol, Sheriff; Rinda Rafferty (Nov.) Library Aide, Novato Library; Margaret Grosch (Pet.) Legal Librarian, Public Defender;
10 Years	Martin Schwartz (Saus.) Doctor, H&HS; Margaret Binggeli (Nov.) Senior Peer Counseor, H&HS;
8 Years	Avery Goldman (M.V.) Docent, Visitor Services;
	Madeleine Rethmeyer (S.R.) Consumer Mediator, District Attorney;
6 Years	Doris Allen (Pt. Reyes Sta.) Library Aide, Point Reyes Station Library;
	Jean Walker (S.R.) LBW Liaison, Library Beyond Walls;
5 Years	Earlene Grim (Pt. Reyes Sta.) Page, Point Reyes Station Library; Katie Fox (St. Bch) Library Aide, Stinson Beach Library; Karen Hawkins (C.M.) Office Aide, H&HS; Ruth Norstad (C.M.) Bookmender, Corte Madera Library; Chicha Lynch (Nov.) Library Aide, South Novato Library;
4 Years	Virginia Dziomba (S.A.) Patient Advocate, H&HS; James Selfridge (S.A.) USAR, Public Works;
2 Years	Martha Kassin (S.A.) LBW Liaison Library Beyond Walls; Talia Rosenberg (Nov.) Shelver, Novato Library;
1 Year	Thomas Crowell (S.A.) Advocate, H&HS; Debra Waldt (Nov.) Shelver, Novato Library;
	Edward Sturm (S.R.) LBW Liaison, Library Beyond Walls; Amy Kislink (S.R.) Reader, H&HS;
	Alexis Caligiuri (Nov.) Library Aide, South Novato Library;
	Deb J. Cox (Nov.) Senior Access Reader, Novato Library

CCV contributed services valued at more than \$8 million in 2007



Volunteer Notes

We Have Moved

The Civic Center Volunteers office is in temporary quarters on the third floor in Room 313 at the Civic Center. Our fourth-floor quarters are being re-modeled to bring computer wiring and other infrastructure elements up to date. Phone, FAX, and computer contact information will remain the same during our estimated seven-month stay in Room 313.

Your Time Counts!

Please remember to turn in your hours for the month and the year so we can fully credit you and the CCV program. Please email your hours to: jbrown@co.marin.ca.us FAX: (473-5960) Phone: (499-7407) or send by snail mail to **Civic Center Volunteers Marin County, H.R. 3501 Civic Center Drive San Rafael, CA 94903.**

Martin Luther King, Jr. Holiday, January 19th

CCV Staff

Joan Brown, Manager, 499-7167, FAX: 473-5960, jbrown@co.marin.ca.us;
Anne Starr, Employee Programs Coordinator, 499-6028, astarr@co.marin.ca.us;
John Vogee, Extra-Hire Admin. Services Specialist, 499-7407, jvogee@co.marin.ca.us;
Volunteers:
Shirley Trimble, Profiles Writer;
Russ Bevans, Layout Editor;
Chirstina Delnevo, Joanne Elder, Vivienne Freeman, Marlene Gerbsman, Bess Niemcewicz, and Sherry Pray, Administrative Aides.



The Volunteer View

The Monthly Newsletter for Marin County Civic Center Volunteers

Volume 31, Issue 1

January 2009

When Gloria Jones says she'll help out, you can bet on it!



Library Beyond Walls Liaison Gloria Jones helped to plan the program in which she volunteers.

"Gloria is an Energizer Bunny," claims **Victoria Gonzalez**, supervisor of the Library Beyond Walls program in which volunteers deliver library books, tapes and movies to homebound library patrons. "She's a 4 foot 9 inch dynamo and is completely involved in many programs that depend on her contributions, including ours."

Gloria is one of Victoria's star volunteers. In fact, she has been involved with the LBW program since its inception and helped to put the program together four years ago. In addition she is in the Senior Companion program and does helpful little tasks for her clients. Since the beginning, the Senior Companion Program and LBW were partnered together.

"I get a good feeling when I help out my clients," says Gloria. One client is a Vietnam vet and is doing quite well. He is an avid reader with many interests and taught at Stanford. He always has a very esoteric book list." Victoria says that Gloria is good natured and goes on detective hunts to find the client's most obscure book and article requests. "She's amazing and steadfast, as she's been with him for three years." Gloria also has a low-vision client at The Redwoods for whom she orders books on tape.

"Library Beyond Walls is such a valuable program, as our population of elderly increases and more people have trouble getting to the library. This service is so good and we need more volunteers," says Gloria.

When Gloria "retired from getting paid," she filled her calendar with volunteering. She works at the Kaiser Health Education Department on alternate Thursday afternoons; she ushers at Marin Center; she ushers at Berkeley Rep and Aurora theaters and S.F. Opera and Ballet; she has had two exhibits of her black and white photography; and she took 200 digital pictures on a trip to South America last year.

Gloria had a career as a state licensed medical technologist at San Francisco Children's Hospital and Ross Valley Hospital Medical Clinic. She worked as a Wells Fargo teller for ten years and an additional year at Book Passage. She has two sons, three grandchildren, and a great-grandchild.

"I get fun out of life," says Gloria. "If you are active, have a positive attitude, and a sense of humor, you are healthier."

- by Shirley Trimble

Who's New & Welcome

Jimmy Paz, (San Rafael) Referral Assistant, H&HS
Ana Mira, (Corte Madera) Referral Assistant, H&HS
Jill Perkins (San Rafael) Reader, Corte Madera Library
Christina Delnevo (S.R.) Admin. Asst., Human Resources
Clara Saavedra (Tiburon) Support Srvs. Wrkr., H&HS
Alisa Stevenson (Novato) Intern, CDA
Elizabeth Flores-Lopez (San Rafael) Intern, H&HS
Gabriella Hawkins (Clovis) Student Nurse, H&HS
Ann Brebner (San Rafael) Senior Peer Counselor, H&HS
Meredith Grey (Mill Valley) Senior Peer Counselor, H&HS
Barbara Olsen (Novato) Preservation Aide, Novato Library
Georgia Shields (San Rafael) Advocate, H&HS

Lizabeth Magaña (Nov) Centering Volunteer, H&HS
Carol Svetcov (Larkspur) Referral Assistant, H&HS
Kim Pollak (San Rafael) Licensing/Adoption Support, H&HS
Karen Hemmeter (Lrk) Reader, Corte Madera Library
Pat Cregan Stoll (Oakland) Training Specialist, H&HS
Barbara Amaro (San Francisco) Intern, H&HS
Deep Mala (Novato) Intern, Legal Self Help Center
Steven Martin (Mill Valley) Reader, Corte Madera Library
Phil Sheridan (M.V.) Reader, Corte Madera Library
Ray Fernando (S.A.) Admin. Asst., Housing Authority
Betty Obata (San Anselmo) Medical Records Aide, H&HS
Lelia Lanctot (Larkspur) Referral Assistant, H&HS

Barbara Addleman joins a helping profession as psychiatric nurse at the Mental Health Outpatient Clinic

A few years ago when business in her recruiting and job placement firm was dying down, **Barbara Addleman** decided that she wanted to join a helping profession. She entered College of Marin's nursing program, graduated in May and took her nursing boards in July.



Barbara Addleman helps patients in the Mental Health Outpatient Clinic.

For two months, Barbara has been volunteering as a psychiatric nurse at the Mental Health Outpatient Clinic, mediating with a group of mental health patients taking the same medication. She helps them deal with the med's side effects as well as other issues they may be struggling with. She also works one day a week at the Crisis Unit at Marin General. "I'm enjoying my work with the clients and think I bring maturity and lots of life experience. I would love to work for the county."

She lauds her supervisor, **Patrick Thompson**, Nurse Practitioner, as being terrific with clients as well as staff.

"The county really does its mental health programs very well," she adds.

Patrick says that Barbara is extremely caring and competent as she volunteers. "She's terrific, just graduated and is gaining some practical nursing experience. I believe that with her abilities she will have a great career in mental health nursing."

Barbara had previously volunteered at Marin Abused Women's Services and then worked at a battered women's shelter in San Mateo.

She and her husband of 24 years, Craig, a database administrator, have a 17-year-old-daughter, a senior at Drake High School.

- by Shirley Trimble

"There are two types of people — those who come into a room and say, 'Well, here I am,' and those who come in and say, 'Ah, there you are.'"

— Frederick Collins

Lynn Grant brings her outgoing attitude and volunteer spirit to the Novato branch of the Marin County Library

Outgoing **Lynn Grant** says she's had a full life, in fact three lives. "I have the most amazing support system and connections. I have friends from work, sailing friends of thirty years from Fremont, who still meet monthly, bird watching friends from my Bel Marin Keys neighborhood, and my close-knit family," she says.



Lynn Grant is a five-year member of the Novato Library's volunteer team.

A retired dental hygienist, Lynn has volunteered for five years shelving books at the Novato Library. "I've really enjoyed working at the library as it's such fun with the happy people working there. Being a regular volunteer is important because the library makes a place for everyone and makes them feel valuable," says Lynn. She also takes a neighbor's 3-year-old daughter to the library to help her develop a love for books.

"Lynn is wonderful, upbeat person with a great sense of humor. We can count

on her to do whatever we need, mostly shelving. She is a great volunteer and member of our staff," says **Sandy Fong**, Library Assistant, Novato Library.

After living in Fremont for 30 years, Lynn has lived for 21 years in Marin's Bel Marin Keys where she has a 9-foot

kayak right outside her door ready for a daily paddle on Novato Creek. She's also an avid bird-watcher.

Lynn's first husband died in a rafting accident. When she married Charlie Grant, the couple suddenly had a house full of six kids, a son and five girls, three of hers and three of his. "The kids all became and still are very close," she said. "When Charlie became sick with a stroke, all of the family came together to support me." She and Charlie were married for 35 years. She now has 8 grandchildren, aged 28 to 4. She visited two daughters in Colorado for Christmas.

Lynn also volunteers three or four days weekly with her church in San Rafael which supports several low-cost housing complexes at Pilgrim Park and on North San Pedro Road.

- by Shirley Trimble

David Cooper is well on his way toward changing his career focus to adult probation



David Cooper balances his student internship and a full-time job.

University criminal justice/criminology major has been a 15-hour-a week intern in the Probation Department.

In the Probation Department, David has been shadowing probation officers working in Restitution and observing court sessions with Probation Department cases. "I've been sitting in on client interviews and learning how to use the department's Prism computer program," he explains. "Everyone at the Probation Department is really nice and very helpful, making my internship experience beyond my expectations."

After working for five years in gourmet food industry sales, **David Cooper** is well on his way toward changing his career focus to adult probation. Since October, this Sonoma State

"Working in criminal justice will give me a really good chance to give back and to help individuals back into society. I take pride in building relationships with people."

"David is very personable and we've enjoyed having him here where he is learning about the job of a deputy probation officer. He's very friendly and eager to learn what to do. He has made a good beginning in an internship that will continue until April or May," says his supervisor, **Tim Farrell**.

David combines his internship with his SSU course work and a full-time job as national sales manager for Sparrow Lane Gourmet, a retail distributor of California-based wine vinegars and olive oil for clients all over the U.S. and Canada. David's wife Suzanne is a social worker. The Coopers enjoy eating out and exploring the out-of-doors and the Bay Area's museums.

- by Shirley Trimble